

REIKI

Experience a deep sense of wellbeing and stress relief as this wonderful treatment releases emotional and physical blocks in order to bring about natural self-healing.

1 hour\$65.00

Makeup

We use Jane Iredale Mineral Makeup which can be worn on sensitive and allergy prone skins. Known as 'The Skin Care Makeup', Jane Iredale contains no talcs, fillers, chemical dyes or preservatives.

Makeup Lesson. Our speciality, and tailored especially for you. 60 mins\$65.00

Special Events.....\$50.00

Gift Voucher Ideas

Beauty Essentials Express **\$65.00**

Begins with a brow shape, cleanse, exfoliation, warm towel compress, tone, mask and moisturiser. A little time out for the busy person. 40 mins

Beauty Essentials Deluxe **\$110.00**

A deluxe vitamin infusion facial tailored to your skin type. Includes skin analysis, brow shape, cleanse, exfoliation, tone, warm towel compress, serum, relaxing massage, alginate firming mask and moisturiser. This relaxing treatment will allow you to unwind and recharge your batteries! 60 mins

Heavenly Feet **\$80.00**

Just as the name implies this is truly heaven. An aromatic footspa, foot scrub, dry skin removal, toenails shaped, filed and polished, plus a luxurious paraffin dip. You will be walking on air after more than an hour of pampering. 75mins

The Works

Flowers, a bottle of wine, anything for that special person or special occasion – you name it we can do it.

Please visit

www.beautyessentials.co.nz

for more treatments.

Stockist of:



We specialise in treatments for acne, pigmentation, anti-ageing and the care of hyper-sensitive skins. We treat scars, stretch marks and male skin problems.

We ask that you give 24 hours notice of cancellation or a fee may be charged.

Appointment Times:

Monday	1.00pm - 5.00pm
Tuesday	9.30am - 7.00pm
Wednesday	9.30am - 7.00pm
Thursday	9.30am - 5.00pm
Friday	9.30am - 5.00pm

Joanne Graves

Skin Therapist & Beauty Therapist

NaSA, Itec (London)



The Skin
Health Clinic



130 Major Hornbrook Road
Mt Pleasant Christchurch.

Ph: 384 5910

email: info@beautyessentials.co.nz
www.beautyessentials.co.nz

At Beauty Essentials we specialise in Advanced Vitamin Skin Therapy.

We use only professional products and the latest technology.

Environ Skincare

Environ has been researched and developed by Dr Des Fernandes, renowned plastic surgeon from South Africa, and is based on Vitamins A, C, E and Beta Carotene.

Our climate in NZ depletes these vitamins and is the major cause of premature ageing of the skin, solar keratoses and skin cancer. Most of the products are fragrance and preservative free and all Environ products are free from colourants and are non-comedogenic. All Environ facials are enhanced by the use of the Ionzyme DF Machine.

Advanced Skin Analysis

A thorough and informative consultation to discuss your skin concerns. We will determine the skin's condition with accuracy, and prescribe a home care and treatment plan.

60mins \$65.00

Relaxing Facial Treatments

An effective treatment with a relaxing facial massage, vitamins or a serum customised especially for your skin type, and a specific mask.

Intense Vitamin Facial 60 mins \$80.00

Deluxe Vitamin Facial 60 mins \$100.00

The Ionzyme DF Machine

Probably the most effective machine in the world today for enhancing the penetration of vitamins into the skin, using Sonophoresis (soundwaves) and Iontophoresis (pulsed current).

Treats the effects of ageing, sun damage, pigmentation, acne, scarring and hypersensitive skins.

For optimum results a course of DF treatments is required. Digital photos are taken with every course of treatments.

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for more treatments.

DF Facial Treatments

Colostrum DF Treatment

To desensitise and strengthen. Ideal for irritated, fragile, thin, menopausal and active acneic skins.

75mins \$140.00

Serum C-Quel DF Treatment

Vitamin A and C skin therapy. For firming, to increase collagen production and strengthen fragile capillaries.

75mins \$140.00

Serum C-Quel 2 \$145.00

Serum C-Quel 3 \$150.00

Masque Crystal DF Treatment

Pigmented, sun-damaged and scarred skin will benefit from this Vitamin C infusion.

75mins \$150.00

Intense Vitamin A DF Treatment

High levels of Vitamin A to treat the effects of ageing, sun damage, scarring and acne.

75mins \$140.00

Acne/Problem Skin DF Treatment

Stimulates the skin's immune system, and accelerates healing, with antiseptic properties to reduce infection and bacteria.

30mins \$75.00

75mins \$140.00

TCA/Lactic Peeling Treatments

Sun damage, fine lines, dull and coarse skin will benefit from these mild and safe peels.

30mins \$70.00

with a DF treatment \$30.00

Eye Treatments

Rapid eye rejuvenation with the DF Machine to soften lines and reduce puffiness

30mins \$70.00

Lash tint \$22.00

Brow tint \$13.00

Lash and brow tint \$32.00

Brow shape \$17.00

Lash tint and brow shape \$36.00

Brow shape and tint \$27.00

Lash tint, brow tint and shape \$43.00

Waxing And Bleaching

With hygienic disposable waxes for sensitive skins.

Full leg and bikini..... \$65.00

Full leg..... \$50.00

Half leg..... \$30.00

Bikini..... \$22.00

G string bikini..... \$26.00

Underarm..... \$18.00

Upper lip..... \$12.00

Chin..... \$12.00

Upper lip bleach..... \$18.00

Forearms..... \$20.00

Pedicure

Callus Peel Pedicure

A blade-free treatment to remove thickened skin on heels and soles of the feet. Callus peel breaks down the skin without irritation. 30 mins \$45.00

Spa Pedicure

Begin the experience with an aromatic footspa. Foot scrub, nails shaped, cuticles treated, dry skin removal, massage, footcreme, and nail polish

60mins \$65.00

Add luxurious warm paraffin wax to soothe, soften and hydrate.

15mins \$15.00

Men's Grooming

De-Stress Facial

Totally wind down while enjoying a deep cleanse, relaxing facial massage, hydrating mask, followed with eye gel and Environ Men's moisturiser to leave you and your skin feeling totally stress free.

45mins \$70.00

Deluxe De-Stress Facial

All of the above with the addition of an intensive rubber mask to leave your skin glowing and fresh.

60mins \$95.00